

Bodhi Tree Retreat Schedule 2008

10-day Vipassana and Loving-kindness Retreat

Led by Canadian monk, Ven. U Vamsarakkhita

**February 29th (Friday 5:30 PM)
to March 9th (Sunday 3:00 PM)**

This is an opportunity to spend time with and receive guidance from a Western monk on a one-to-one basis.

U Vamsa has taught extensively throughout Asia, North America and Europe, and is a recognised senior monk in the Burmese Mahasi Sayadaw Vipassana (Insight) meditation tradition.

As a teacher, U Vamsa is committed to convey the simple everyday usefulness of Buddha's teaching while inspiring those around him to explore and experience the Path to Freedom that He so clearly and elegantly lived.

This retreat is suitable both for beginners and more advance meditators.

Easter Long Weekend Retreat Vipassana and Loving-Kindness

Led by Ven. Pannyavaro

**March 20th (Thursday 5:30 PM)
to March 24th (Monday 5:00 PM)**

Ven. Pannyavaro (Pannya) is an Australian who ordained as a Buddhist monk over 20 years ago. A meditation teacher in the Burmese Vipassana tradition and founder of Bodhi Tree and webmaster of BuddhaNet.net.

Pannya is the resident teaching monk at Bodhi Tree Forest Monastery and Retreat Centre in Northern New South Wales. Pannyavaro also teaches regularly in SE Asia.

The Buddha gave clear, precise instructions for systematically training our hearts and minds. The practice traditions are anchored in this practical approach to mental and spiritual development.

The art of meditation and mental training is like any other art; one needs to patiently train and practice the skills of the art, otherwise the free flowing 'Art' never fruits.

Daily interviews and Dharma talks will assist and guide meditators as they progress along the paths of these practices. The purpose of this retreat is to gain understanding and insight into the way our minds and beings interact with and affect our internal and external worlds. It is designed to cultivate clear self awareness and develop a number of tools that can be applied usefully to daily life.

Anzac Day Long Weekend Retreat Vipassana & Loving-kindness

Led by Ven. Pannyavaro

**Thursday 5:30 PM April 24th -
Sunday 5:00 PM April 27th 2008**

Queen's Birthday Long Weekend Vipassana and Loving-kindness Retreat

Led by Ven. Pannyavaro

**Friday 5:30 PM June 6th -
Sunday 5:00 PM June 9th 200**

10-day Vipassana (Insight) Retreat

Led by Jeff Oliver

**June 13th (Friday 5:30 PM) to
June 22nd (Sunday 3:00 PM)**

Jeffrey Oliver ordained as a Theravadan Buddhist Monk in 1993 under the name of Dhammarakkhita for eight years. He has practiced meditation over the last 13 years. He was trained in Burma under a great international meditation master, Sayadaw U Janaka.

Jeff has shared his wisdom and experiences in many countries, including Japan , Malaysia , Singapore , South Africa , Thailand and Turkey . These days, Jeff lives in Thailand and runs meditation courses, workshops, Dhamma camps for youth and children and gives talks in Universities, government departments, private companies and for anyone interested in developing mindfulness, wisdom and compassion.

He is the author of: "See it, Know it, Watch it go..

10-day Vipassana Retreat

Led by Patrick Kearney

**4th July (Friday 5:30 PM) to
13th July (Sunday 3:00 PM)**

Patrick has over 25 years experience in Buddhist meditation. Since 1984 he has trained in Vipassana (insight) meditation in the lineage of the late Mahasi Sayadaw of Burma.

His teachers have included Sayadaw U Pandita, Sayadaw U Lakhana, Sayadaw U Janaka and Christopher Titmuss.

For 3 years Patrick was the resident teacher at the Blue Mountains Insight Meditation Centre. Now based in the Blue Mountains near Sydney, he conducts retreats, seminars and classes around Australia. He teaches the techniques of meditation along with the theory that underlies it. Understanding both, a student can become independent and self-directed.

**Experience the Meditation Lifestyle
at Bodhi Tree during the Vassa**

(Three Month Rains Retreat)

**Full Moon July 18th to the
Full Moon October 14th.**

Vassa is traditionally the three month rains retreat in India held during the monsoon season in the Buddha's time.

Monasteries usually wind down social activities during the three months as monks and nuns will generally practice meditation intensively during this time.

Experienced yogis are invited to apply for this retreat, numbers are strictly limited and you must attend at least one month, preference will be given to those attending the full three months. Yogis are expected to help out with a few daily maintenance chores in the morning such as sweeping, cooking, cleaning, gardening etc

Talks will be given on a regular basis during the three months and the teacher will be available for individual interviews regarding the practice.

10-day Vipassana Retreat

Led by Patrick Kearney

**31st October (Friday 5:30 PM) to
9th November (Sunday 3:00 PM)**

Bodhi Tree Retreats are residential and accommodation and vegetarian meals are provided. Camping is available.

No charge is made for Bodhi Tree Retreats The cost is covered by donations or Dana.

Download the Registration/Info form and Directions to Bodhi Tree from this link:
<http://www.buddhanet.net/bodhi-tree/schedule.html>

Bodhi Tree Retreat Registration / Information PDF Doc.
Bodhi Tree Retreat Registration / Information Word Doc.

Directions to Bodhi Tree
PDF Doc. (227 KB)

CONTACT:

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